Incident Response Workshop and Tabletop Exercises

An Incident Response workshop is the process of simulating a security event to develop a high-level understanding of your organizations current cybersecurity processes. Together we will test how information, alerts, and communication traverses within your environment. This exercise becomes a critical success factor in the development and maintenance of a company's Incident response plan.

CyberForce|Q's main objectives for the incident simulations are to:

- Measure the effectiveness of your plans, policies, and procedures.
- Define the level of cooperation in these plans (such as who or what teams will need to be engaged, who do you contact such as legal, insurance or law enforcement).
- Evaluate the team's ability to provide timely and accurate information.
- Assess the adequacy of resources and possible training needs.

EXAMPLE SCENARIO

Throughout the workshop, we'll explore three critical phases of a simulated cyber-attack:

- 1. Intricacies of social engineering aimed at the IT Help Desk,
- 2. Complexities of Live off the Land Attacks, and
- 3. Challenges of detecting and preventing data exfiltration techniques.

Our team will guide the participants throughout the tabletop exercise.

KEY OUTCOMES



Participants will experience a sense of challenge during tabletop exercises, leading to the identification of previously unnoticed gaps in their Incident Response Plan.



Engaging in hands-on simulations will provide attendees with a tangible understanding of potential cyberattacks, enabling collaborative discussions within their teams to refine decision-making processes and procedures.



By actively participating, attendees will gain a profound understanding of the critical significance of roles, responsibilities, and communication protocols in effective incident response.

BENEFITS OF HOSTING A TABLETOP EXERCISE

Identification of Gaps and Weaknesses:

Organizations can identify areas for improvement and develop strategies to address them.

Improved Incident Response Preparedness:

Tabletop exercises help teams practice and refine their incident response plans in a controlled, risk-free environment.

Enhanced Communication and Coordination:

Tabletop exercises encourage collaboration and communication among different departments and stakeholders.

Testing of Response Plans and Procedures:

Organizations can test the effectiveness and efficiency of their incident response plans.

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CYBERFORCE|Q IS HERE TO HELP

Our team of experts will design a customized tabletop exercise tailored to your organization, specifically crafted to evaluate your team's incident response capabilities. The exercise will guide participants through critical phases of a cyber incident within a controlled environment, ensuring a realistic yet safe simulation. At CyberForcelQ, our team is always available to address any questions or concerns that may arise during the exercise. Our specialists will engage participants with probing questions to encourage critical thinking, helping to identify and address potential gaps in your incident response plan that might otherwise go unnoticed.